(Name of Issuer)
(Title of Class of Securities)
(CUSIP Number)
(Date of Event Which Requires Filing of this Statement)
eck the appropriate box to designate the rule pursuant to which this Schedule is filed:
Rule 13d-1(b)
] Rule 13d-1(c)
Rule 13d-1(d)
he remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of urities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.
e information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities thange A ct of 1934 ("A ct") or otherwise subject to the liabilities of that section of the A ct but shall be subject to all other provisions of the (however, see the Notes).

CUSIP No. 04530L104 Page 2 of 5						
	NA MES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF A BOVE PERSONS (ENTITIES ONLY) Sophrosyne Capital, LLC					
	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)					
	(a) (b)					
	SEC USE ONLY					
	CITI	7 F NI S L	HIP OR PLACE OF ORGANIZATION			
	Delaware					
			SOLE VOTING POWER 11,012,808 ⁽¹⁾			
NUMBER OF SHARES BENEFICIALLY OWNED			SHARED VOTING POWER			
BY EACH REPORTING PE WITH:	H PERSON		SOLE DISPOSITIVE POWER 11,012,808 ⁽¹⁾			
			SHARED DISPOSITIVE POWER			
	A G G 11,01		TE A MOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON			
CHECK IF THE AGGREGATE AMOUNT IN ROW (HE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INS	STRUCTIONS		
	PERC 9.679		F CLASS REPRESENTED BY A MOUNT IN ROW (9)			

FOOTNOTES

(1) Does not include additional shares of common stock issuable upon the exercise of warrants which contain a "blocker" provision under which the reporting entity can only exercise warrants to a point where beneficial ownership does not exceed 9.99% of the issuer's outstanding shares ("Blocker Warrants").

TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)

(2) If not for the "Blocker", the reporting entity would own in excess of 9.99% of the issuer's outstanding shares of common stock based on 112,526,881 shares outstanding as of September 4, 2014.

(a)	Name of Issue	r
	A spen G roup,	Inc.

- (b) A ddress of Issuer's Principal Executive Offices 720 South Colorado Boulevard, Suite 1150N Denver, CO 80246
- (a) Name of Person Filing Benjamin J. Taylor
- (b) A ddress of Principal Business Office or, if none, Residence 156 E 36th Street A t 2 Sniffen Court New Y ork, NY 10016
- (c) Citizenship USA
- (d) Title of Class of Securities
 Common Stock and Warrants (exercisable into Common Stock)
- (e) CUSIP Number 04530L104

(a)		Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o).
(b)		Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c).
(c)		Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c).
(d)		Investment company registered under section 8 of the Investment Company A ct of 1940 (15 U.S.C 80a-8).
(e)	\boxtimes	A n investment adviser in accordance with §240.13d-1(b)(1)(ii)(E);
(f)		An employee benefit plan or endowment fund in accordance with §240.13d-1(b)(1)(ii)(F);
(g)		A parent holding company or control person in accordance with § 240.13d-1(b)(1)(ii)(G);
(h)		A savings associations as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);
(i)		A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company A ct of 1940 (15 U.S.C. 80a-3);
(j)		A non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J).
(k)		A group, in accordance with § 240.13d-1(b)(1)(ii)(K). If filing as a non-U.S. institution in accordance with § $240.13d-1(b)(1)(ii)(J)$, please specify the type of institution: Not A pplicable

Item 1.	Provide	vide the following information regarding the aggregate number and percentage of the class of securities of the issuer identified in					
	(a)	A mount	t beneficially owned: 11,012,808 (1)				
	(b)	Percent	of class: 9.67%				
	(c)	Number	of shares as to which the person has:				
		(i)	Sole power to vote or to direct the vote: 11,012,808 (1)				
		(ii)	Shared power to vote or to direct the vote:				
		(iii)	Sole power to dispose or to direct the disposition of: 11,012,808 (1)				
		(iv)	Shared power to dispose or to direct the disposition of:				
more tha			s being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of the class of securities, check the following				
	NotA pp	olicable					
	Notapplicable						
	Not Applicable						
	Notappl	Notapplicable					
	NotA pp	olicable					
	By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are no held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired are not held in connection with or as a participant in any transaction having that purpose or effect						

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A fter reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct

Date: September 9, 2014

<u>/s/ Benjamin J Taylor</u> Name: Benjamin J Taylor Title: Managing Member of G.P.

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